

Aurora Community Resource Guide



Aurora Housing Authority

Table of Contents

Education.....	3
Healthcare.....	5
Housing.....	7
Counseling.....	8
Drug and Substance Abuse Counseling.....	9
Nutrition.....	12
Senior Services.....	13
Domestic Violence and Sexual Assault.....	15
Veteran Assistance.....	16
Additional Resources.....	18
Local Food Pantries.....	22

Education

Family Focus

At Family Focus you can find after-school programs, homework tutoring, summer camps, prenatal care, ESL classes, citizenship classes, GED classes, job fairs, and financial literacy courses at little or no cost.

550 Second Avenue
Aurora, IL 60505
United States

Phone: 630-844-2550

<http://www.family-focus.org/about-us/every-day>

Two Rivers Head Start Agency

Low income families are eligible for free half-day preschool for three to five year olds or a full day program for parents who are working or going to school. Early Head Start is for pregnant women and children up until the age of three, and provides prenatal care, weekly playgroups, and development screenings.

Aurora Central Office
1661 Landmark Road
Aurora, IL 60506

Phone: 630-264-1444

<http://www.trhsa.org/>

YMCA-Aurora Early Education and Child Care Program

Affordable childcare is available from 6:00AM-6:00PM. Breakfast, lunch, and two snacks are served each day. Fee assistance is an option for those who qualify.

460 Garfield Avenue
Aurora, IL 60506

Phone: 630-869-9782

<http://www.ymcachicago.org/pages/aurora-early-education-and-child-care-program>

Waubonsee Community College

Waubonsee Community College offers free GED and English classes to help people achieve their educational goals.

Adult Education

Aurora Campus, Room 457
18 S. River St.
Aurora, IL 60506-4134

Phone: 630 801-7900, ext. 4600

<https://www.waubonsee.edu/learning/adult/abeged/>

Money Wise

This program offers national financial literacy training and seminars in community centers, and offers online training in both English and Spanish. These classes cover topics such as building good credit and how to save money for the future.

<http://www.money-wise.org/about/>

Khan Academy

Khan Academy offers free online classes and tutoring in all subjects, starting in kindergarten all the way past high school level. They even offer computer programming courses for those looking to expand their horizons. This is a great resource to help with complicated homework or to study for an upcoming test.

<https://www.khanacademy.org/>

Coursera

Coursera offers free college courses from a multitude of nationally recognized institutions such as Stanford, Columbia, and the University of Chicago. This is a great resource for those looking to learn from college level classes and add new skills to their resumes.

<https://www.coursera.org/>

Duolingo

Duolingo is a free language learning program that teaches reading, speaking, and listening to the new language of your choice in a comprehensive and game-like fashion.

<https://www.duolingo.com/>

Healthcare

National Center for Health in Public Housing (NCHPH)

This organization sets up free Public Housing Primary Care (PHPC) Centers to provide internal medicine, OB/GYN care, preventative and restorative dental care, health education, outreach, laboratory services, and case management.

National Center for Health in Public Housing
c/o North American Management
2111 Eisenhower Avenue, Suite 300
Alexandria, VA 22314

Phone: (703) 812-8822
www.nchph.org

VNA Health Center

The VNA Health Center believe that healthcare is a right, not a privilege. Anyone needing medical, dental, or prenatal care can go to any one of their six Aurora locations for healthcare services at little or no cost. Different locations have different hours and services that they can provide, so those looking for the most up to date information should go to their website.

Main Office
400 N. Highland Avenue
Aurora, IL 60506

Main Phone: 630-978-2532
To make an appointment please call: 630-892-4355
<http://www.vnahealth.com/start.cfm>

Poison Control Center

The American Association of Poison Control Centers offers free, confidential 24-hour service.

Poison Help Line: 1-800-222-1222
<http://www.aapcc.org/>

Aunt Martha's

Aunt Martha's provides primary care, dental, mental health, women's health, substance abuse treatment, and HIV/AIDS and STD Services. Sliding fee scale is available.

Aurora Community Health Center

101 South Broadway Avenue
Aurora, IL 60505

Aurora Health and Outreach Center

680 S. River St.
Aurora, IL 60506

Phone: (877) 692-8686

<https://www.auntmarthas.org>

Pregnancy Information Center (PIC)

The Pregnancy Information Center (PIC) assists women, men, and families. PIC offers confidential pregnancy tests, ultrasounds, and tests/treatment for some sexually transmitted diseases (STDs). Parenting and life-skills classes are available through PIC's education center. Participation in 5-week modules allows expectant and new parents to "earn while they learn" and receive diapers, clothes and other necessities for baby. Emergency material assistance (diapers, clothes, sleepers, etc.) is also offered, on a limited basis. All services are free.

Pregnancy Information Center

411 W. Galena Blvd.
Aurora, IL 60506

Call: (630) 896-8600

Text: (331) 256-5382

www.rupregnant.com

Housing

Hesed House

The Hesed House is the second largest shelter in the State of Illinois. Almost one thousand individuals receive help through the programs that the Hesed House offers. They provide temporary housing, mentoring, food, transitional living, medical assistance, substance abuse counseling, mental health counseling, legal services, and classes in money management, parenting skills, and employment training.

Hesed House Shelter Programs

659 South River Street
Aurora, IL 60506

Hesed House Resource Program

680 South River Street
Aurora, IL 60506

Phone: 630-897-2156

<http://www.hesedhouse.org/>

360 Youth Services

Young adults from the ages of 12-24 can receive counseling, mentorship, and education on healthy choices, and those from the ages of 13-24 can receive housing through this program. Preference is given to those from DuPage County, however all are welcome to apply.

Administrative Office

1305 W. Oswego Rd.
Naperville, IL 60540

Phone: 630-961-2992

Counseling Office

1935 Brookdale Road, Suite 119
Naperville, IL 60563

Phone: 630-717-9490

<http://www.360youthservices.org/housing/>

Fox Valley Habitat for Humanity

Families looking for a long-term housing solution are welcome to apply for a home through Habitat for Humanity. The family must have an ability to pay, with a household income between \$22,000- \$45,000.

1300 S Broadway
Montgomery, IL 60538

Phone: 630-859-3333
<http://www.foxvalleyhabitat.org/>

Low Income Home Energy Assistance Program (LIHEAP)

LIHEAP provides one-time assistance with heat and electric bills, reconnection assistance, and an emergency furnace for homeowners whose furnace is non-operational or fall within income guidelines.

Community Contacts Inc.
100 S. Hawthorne
Elgin, IL 60123

Phone: 847-697-4400
<http://www.cci-hci.org/liHeap.html>

Counseling

The Association for Individual Development

Individuals with disabilities or those who have experienced trauma, or those who are at risk can find help through this organization's resources which include therapy, health evaluations, school transition programs, employment assistance, counseling, and case assistance.

Main Office & Thompson Center
309 New Indian Trail Ct.
Aurora, IL 60506

Phone: 630-966-4000
<http://www.the-association.org>

Family Counseling Services

Family Counseling Services offers psychiatric services, community mental health, therapeutic mentoring, professional counseling, substance abuse treatment, caregiver counseling, counseling groups, DUI services, parenting education, and a Big Brother and Big Sister Program for free.

Family Counseling Service

70 S. River Street
Aurora, IL 605060

Phone: 630-844-2662

<http://aurorafcs.org/>

Drug and Substance Abuse Counseling

Gateway Foundation

Those seeking drug and substance abuse counseling can go to one of the nine Gateway Foundation locations. Most locations accept up to most of private insurances, medicaid, and those without insurance can apply for free treatment. The number of people who receive free treatment is limited and they must fit specific criteria.

Aurora Center

400 Mercy Lane
Aurora, IL 60506

Phone: 877-505-4673

<http://recovergateway.org/>

Breaking Free Inc.

Breaking Free Inc. strives to provide education, prevention and counseling services focused on drug and alcohol abuse, child abuse, family relationships, mental health and wellness, regardless of an individual's ability to pay.

Breaking Free

120 Gale Street
Aurora, IL 60506-5084

Phone: 630-897-1003

<http://www.breakingfreeinc.org/>

Al-Anon Family Groups

If you have been affected by someone's drinking problem, there are groups for family and friends of problem drinkers to share their experiences and find a community that can relate to their experiences. There are currently seven weekly meetings in Aurora, four of which are in Spanish. To find a meeting near you, go to their website listed below.

English Phone Number: 630-627-4441

Para ayuda en Español: 312-850-0949

<http://www.niafg.org/>

Alcoholics Anonymous

Anyone trying to stop drinking or who thinks that they have a problem with alcohol should seek help. Alcoholics Anonymous provides free and confidential meetings as well as a 24 Hour Answering Service and free resources on their website.

Phone: 630-859-2444

<http://district64.com/>

Narcotics Anonymous

Those struggling with addiction are welcome to join a Narcotics Anonymous meeting. There are five different meetings and locations in Aurora. This is an international program so help is not far, no matter where you live. Membership is free.

NA World Services

PO Box 9999

Van Nuys, CA 91409

Phone: 818-773-9999

<http://www.na.org/>

Renz Center

Certified substance abuse and problem gambling counselors are available to those who need help, including children of addicted parents. There are three Renz Center locations in Elgin, St. Charles, and Streamwood. This is a non-profit and no one is denied service because of an inability to pay.

Elgin Outpatient

Two American Way

Elgin, IL 60120

Phone: 847-742-3545 ext. 1

Streamwood Outpatient
1535 Burgundy Parkway
Streamwood, IL 60107
Phone: 630-837-7184

St. Charles Outpatient
409 Illinois Ave. Suite 1A St. Charles, IL 60174
Phone: 630-513-6886

<http://www.renzcenter.org/>

Hope for Tomorrow

Four substance free homes are available for individuals with issues involving mental health, such as post-traumatic stress syndrome, and chronic substance abuse. This nonprofit provides services regardless the patient's financial situation.

479 North Lake Street
Aurora, IL 60506

Emergency Contact (toll free): 866-301-4673
Phone: 630-966-9000
Email: jeffgilbert@hopefortomorrow.net
<http://www.hopefortomorrow.net/index.php>

Tools For Life

This program offers several types of services including, but not limited to early intervention, family, group, DUI, anger management, and dual diagnosis counseling. They also have drug and alcohol testing, life coaching, gender specific services, and services in Spanish. Services are charged on a sliding scale, so fees match an individual's ability to pay.

TFL- Aurora
35 South Stolp Ave.
Aurora, IL 60506

Phone: 630-906-1200
<http://www.tools4life.info/>

Nutrition

Farmers Markets

Aurora has three farmers markets in different locations throughout the city. Each farmer's market accepts food stamps (LINK cards) and will double their value. If someone with food stamps buys twenty dollars of food at a farmers market, they will only be charged ten dollars on their LINK card.

Aurora's Farmers Market Downtown

Aurora Transportation Center

233 N. Broadway, Aurora, IL 60505

Saturdays, June 6 through October 17 from 8:00 a.m. until 12 Noon*. (*No market July 4)

Aurora's Farmers Market West

West Aurora Plaza

1901 W. Galena Blvd, Aurora, IL 60506

Wednesdays, July 8 through September 30* from 12:00 p.m.* to 5:00 p.m.

(*New hours & extended season)

Aurora's Farmers Market East

Our Lady of Mercy Catholic Church

701 S. Eola Road, Aurora, IL 60504

Thursdays, July 9 through August 27 from 2:30p.m. to 6:30 p.m.

Phone: (630) 256-3370

Email: farmersmarket@aurora-il.org

<https://www.aurora-il.org/events/farmersmarket.php>

Healthy Recipes

There are several resources to learn about nutrition and recipes. [GoodandCheap](#) is a free downloadable book that has recipes for someone who has a budget of \$4 a day. Cousera is an online resource where there are free online classes, some of those are [nutritioncourses](#) for anyone trying to learn how to eat healthy.

Good and Cheap: <http://www.leannebrown.com/>

Cousera: <https://www.coursera.org/courses?query=nutrition>

Senior Services

Kane County Senior Services

This program provides adult day center, elder abuse intervention, adult recreation programs, and free handyman and lawn services for those who qualify.

Aurora Township Offices
80 N. Broadway
Aurora, Illinois 60505-3327

Phone: 630-896-7792
<http://auroratownship.org/senior-services/>

Senior Services Association

Senior Services Association is has offices in Kane, McHenry, and Kendall County. The resources available include adult protection services, caregiver assistance, senior companions, emergency services, and home repair.

Senior Services Associates, Inc.
900 N. Lake Street Suite 205
Aurora, IL 60506

Phone: 630-897-4035
<http://www.seniorservicesassoc.org/index.html>

DuPage County Senior Services

DuPage County's "Age Well" initiative provides 180 pages of resources and information for residents 60 and above. Seniors needing medical, housing, transportation, or any other type of assistance should contact the DuPage Department of Senior Services.

421 N. County Farm Road
Wheaton, IL 60187

Phone: 630-407-6500
Email: seniorsvcs@dupageco.org
<https://www.dupageco.org/seniorsvcs/>

Will County Senior Services

The Will County Senior Services Department offers transportation, medical, and tax assistance along with other programs to their senior citizens. They recommend that residents set up an appointment through their Information and Assistance Department to set up the services that meet their needs.

251 North Center Street
Joliet, IL 60435

To make an appointment call: 815-723-9713

Email: seniorservices@agingspecialists.org

<http://willcountyseniors.org/wcs/services/social-services/>

Dial-A-Ride

Residents of the Aurora Township registered rider can use the Ride in Kane program to order a ride a day in advance to any location. The cost is \$4/10 miles and \$1.50 for each additional mile. To learn how to become a registered rider or receive more information on the program, go their website.

Reservations: 866-727-6842

Information line: 888-480-8549

http://www.pacebus.com/sub/paratransit/sd_dial_a_ride.asp

Elder Abuse

To report abuse, neglect or exploitation of an older person, please contact the 24-hour Illinois Elder Abuse Hotline: 866-800-1409

<https://www.illinois.gov/aging/ProtectionAdvocacy/Pages/abuse.aspx>

Domestic Violence and Sexual Assault

Mutual Ground

At Mutual Ground we provide comprehensive victim services free of charge. We offer counseling, preventative services and emergency shelter. Mutual Ground is the safe place where people come together to break the cycle of domestic violence and sexual abuse. We answer almost 2,000 calls for help each and every month with 24-hour hotlines staffed by trained Mutual Ground Crisis Intervention Advocates.

Mutual Ground

418 Oak Ave.
Aurora IL 60506

Domestic Violence Hotline: 630-897-0080

Sexual Assault Hotline: 630-897-8383

Spanish speaking advocates are available.

<http://www.mutualground.org/>

Family Shelter Service

Family Shelter Service offers assistance in the prevention of and recovery from domestic violence. They offer advocates at the courthouse in Wheaton to help with orders of protection, a 24-hour hotline, emergency shelters, counseling, and children's programming. All services are offered in English and Spanish.

Family Shelter Service

605 E. Roosevelt Road
Wheaton, IL 60187

Phone: 630-221-8290

Hotline: 630-469-5650

<http://www.familyshelterservice.org/>

Illinois Domestic Violence Helpline

Phone: 877-TO END DC (863-6338)

National Domestic Violence Hotline

Phone; 800-799-SAFE (7233)

National Coalition Against Domestic Violence

Phone: 303-839-1852

National Sexual Assault Hotline

Phone: 800-656-HOPE (4673)

or 773-871-CARE (2273)

Serving the LGBTQ community

Illinois Coalition Against Sexual Assault (ICASA)

Phone: 217-753-4117

Rape, Abuse, & Incest National Network (RAINN)

Phone: 800-656-HOPE (4673)

Stalking Resource Center (National)

Phone: 800-FYI-CALL (394-2255)

Email: gethelp@nvcv.org

Veteran Assistance

Stars and Stripes Veteran Job Center

This resource is intended to help Veterans to find work after they end their military career. Veterans seeking assistance can search for jobs and post their resumes to help employers find them.

<http://veteranjobs.stripes.com>

Military Hire

This is a job search site specifically for veterans, which also provides career resources to help with interviewing, resume writing, and finding a job that matches their skills.

<https://www.militaryhire.com>

Midwest Shelter for Homeless Veterans

Veterans with at least 180 days of active military service who were not dishonorably discharged are eligible for housing in the Midwest Shelter for Homeless Veterans.

433 S. Carlton Ave.

Wheaton, IL 60187

Phone: 630-871-8387

<http://www.helpaveteran.org/>

Veterans of Foreign Wars Assistance

The VFW has experts to help veterans file claims and apply for separation and education benefits. They also give scholarships and financial aid to those who qualify.

<https://www.vfw.org/Assistance/>

USA Cares

Post 9/11 service members can apply for housing, emergency, and job assistance through a website application.

USA Cares Inc.
562 N Dixie Blvd., Suite 3
Radcliff, KY 40160

Phone: 800-773-0387

<http://www.usacares.org/>

Veterans' Families United Foundation

Veterans' Families United have an online resource with currently over 15 programs for financial assistance for eligible veterans for everything from food and utilities to scholarships.

P.O. Box 14355
Oklahoma City, OK 73113

Phone: 405-535-1925

<http://veteransfamiliesunited.org/2011/06/06/financial-assistance/>

Disabled American Veterans

Disabled veterans and their families can receive free, professional assistance in receiving their military benefits from the government.

VA Regional Office
2122 W. Taylor St., Suite 104
Chicago, IL 60612

Phone: 312-980-4242

www.dav.org

Additional Resources

Wayside Cross Ministries

Those in need can find mentoring, education, work rehabilitation, transitional housing, and classes in parenting, finances, cooking/nutrition, GED tutoring, and computer skills through one of the Wayside Cross Ministry Programs. Find the program that works best for you or someone you know:

Master's Touch Ministry: A six month residential ministry for men who are seeking help for addiction, alcoholism, or other destructive behavior patterns. Services are free to clients without income.

Phone: 630-892-4239

Lifespring Ministry: Long term transitional living program for homeless women and women with children who have lost their housing. This program helps women work towards self-sufficiency through the classes listed above as well as Bible studies. Services are free to clients without income.

Phone: 630-851-0187

New Life Corrections Ministry: This offers youth and adult offenders information on the gospel as well as Dad's Class, so that incarcerated men know how to still be a father.

Phone: 331-465-4018

Wayside Center: This Elgin location offers food, clothing, and laundry to the homeless and needy in the area. The center serves as a daytime shelter which provides a job skills program, life skills class, mentoring, lockers, showers, meals, two daily bible studies, and personal motivational case management.

Phone: 847-695-4405

Urban Youth Ministry: Children between the ages of 6 and 10 are welcome to athletic, educational, spiritual, and recreational programs such as summer day camps, little league baseball, and tutoring and reading programs during the school year.

Phone: 630-926-5694

Mission Possible

This local non-profit provides a variety of services including free healthcare services, addictions recovery, financial counseling, resume assistance, tax preparation, haircuts, ESL, tutoring, community gardens, music lessons, and other outreach.

Mission Possible

61 and 63 S. Broadway

Aurora, IL 60505

Phone: 630-801-0086

http://www.onjesusmission.org/Mission_Possible/Home.html

Community Service Block Grant

This state-funded program offers assistance to low income families and individuals. It offers emergency assistance for families who cannot afford rent, medical/dental care, car repairs, insurance, or gasoline. It will also pay 50% of child care costs as well as new shoes for children at the start of school. The CSBG is run through each county, so check for your county's information below.

Kane County:

Two Rivers Head Start

1661 Landmark Road

Aurora, IL 60506

Phone: 630-264-1444

http://www.trhsa.org/trhsa_website_final_005.htm

Will County:

Will County Center for Community Concerns

2455 Glenwood Avenue

Joliet, IL 60435

Phone: 815-722-0722

<http://www.wccccc.net/csbg.asp>

Kendall County:

Kendall-Grundy Community Service

811 John Street

Yorkville, Illinois 60560-1063

Phone: 630-553-9100

<http://health.co.kendall.il.us/CommunityAction/>

DuPage County:

Community Services

421 N. County Farm Road

Wheaton, IL 60187

Phone: 630-407-6500

<https://www.dupageco.org/community/>

Community Career Center

Job seekers are welcome to receive help networking, building a resume, creating a LinkedIn page, and practice their interviewing skills at the Community Career Center. Despite its Naperville location, the center is open to the surrounding counties as well.

1815 W. Diehl Road, Suite 900
Naperville, IL 60563

Phone: 630-961-5665

E-mail: ccc@communitycareercenter.org
<http://www.communitycareercenter.org/>

Department of Human Services

State and federally funded assistance is available through the department of Human Services. This includes financial assistance with child care, food, medical, housing, mental health, youth services and more. See website or call the Department of Human Services for details.

Phone: 800-843-6154

<http://www.dhs.state.il.us/page.aspx>

Aurora Public Library

The Public Library has created resource list of their own which primarily focuses on the government sponsored social welfare programs. If you cannot access their list online or need additional assistance go to the Career Center Desk at the Main Library.

Main Library

101 S. River St.

Aurora, Illinois 60506

Phone: 630-264-4100

<http://www.aurorapubliclibrary.org/career-center/services/>

National Suicide Prevention Lifeline

Phone: 1-800-273-8255

**Aurora Housing Authority
Resident Opportunities and Self-Sufficiency (ROSS) Program**

The Resident Opportunity & Self Sufficiency Service Coordinator (ROSS-SC) program is a grant created by the U.S. Department of Housing and Urban Development (HUD) Office of Public and Indian Housing. The ROSS program is designed to assist residents of Public and Indian Housing make progress towards economic self-sufficiency.

For families, the ROSS program is intended to enable participants to: Make progress toward economic independence and housing self-sufficiency; Reduce or eliminate the need for welfare assistance; and Increase earned income.

For elderly (age 62+) participants and persons with disabilities, the ROSS program aims to: Enhance quality of life by connecting residents to services and activities; Enable participants to age/remain in place; and Avoid more costly forms of care, such as nursing homes or other institutional facilities.

ROSS SC may be able to assist with applying for services/accessing supports including, but not limited to: SSD/SSI, TANF/ Food Stamps, Senior/Veteran Services, Health Services (medical, dental, mental, counseling), Education, Family Support, Substance Abuse, Domestic Violence and Sexual Assault.

The ROSS program provides a case manager to link residents of Aurora Housing Authority with supportive services and activities, enabling them to make progress towards economic independence and housing self-sufficiency.

Through needs assessments, case management, and referrals to community- and web-based services, ROSS Service Coordinators helps each participant advance towards the above goals in ways that best fit their needs, personal priorities, and interests.

*All Aurora Housing Authority Public Housing residents in good standing with the AHA are eligible to participate in the ROSS program.

For further information or to schedule an intake interview, please contact:

Alexandra Shuck
AHA ROSS Coordinator
(630) 701-9977 ext. 121
alexandrashuck@auroraha.org

Aurora Housing Authority
1449 Jericho Circle
Aurora, IL 60506

Phone: 630-701-9977
Fax: 630-701-9974
<http://auroraha.com/>

Local Food Pantries

Batavia Food Pantry
100 Flinn
Batavia, IL 60510
(630)879-3784

Calvary Church Food Pantry
129 West Benton St.
Naperville, IL 60540
(630)851-7000

Fish Pantry of Carpentersville
150 S. Kennedy Dr., 15A
Carpentersville, IL 60110
(847)428-4357

Holy Angels Food Pantry
204 S. Russell
Aurora, IL 60506
(630)897-2478

Salvation Army Food Pantry
437 E. Galena Blvd.
Aurora, IL 60506
(630)897-7265

St. Peter's Food Pantry
1891 Kaneville Rd.
Geneva, IL 60134
(630)232-0124

Two Rivers Head Start, Agency (Pantry)
1661 Landmark Rd
Aurora, IL 60506
(630)264-1444

Marie Wilkinson Community Pantry
901 E. Galena Blvd.
Aurora, IL 60505
(630)820-0002

Lighthouse Food Pantry
325 South Street
Elgin, IL 60123
(847)608-9783

Marie Wilkinson Food Pantry
834 N. Highland Ave.
Aurora, IL 60506
(630)897-5431

Fox Valley Hispanic Pantry
505 E. New York
St.
Aurora, IL 60505
(630)898-0410

Kendall County Food Pantry
1204A Deer Street
Yorkville, IL
60560
(630)553-0473

Between Friends- Sugar Grove Pantry
52 Wheeler Road
Sugar Grove, IL 60560
630-466-0345

Aurora Area Interfaith Food Pantry
1110 Jericho
Road
Aurora, IL 60506
(630) 897-2127

Harvest Baptist Food Pantry
5315 Douglas Rd
Oswego, IL 60543
(630) 554-3858

Loaves & Fishes Food Pantry
1871 High Grove Lane
Naperville, IL 60540
(630) 355-3663

Saint Irene Food Pantry
28W441 Warrenville Rd.
Warrenville, IL 60555
(630) 393-9543